

Exploring Digital Selves

NAME _____

DATE _____

Part 1 Directions

In your group, choose two of the resources below to review. As you review them, track what each says about people's *real* and *curated* selves. Capture your thoughts in the notes section. Review additional resources as time allows.

Resource 1



Watch: **Are You Living an Insta Lie? Social Media Vs. Reality**

DITCHTHELABEL, UPLOADED TO YOUTUBE.COM, 2/20/2017 (3 MINS.)

Resource 2



Read: **I Have 2 Million Followers but No Friends**

HANNAH SPARKS, NYPOST.COM, 10/24/2018 (7 MINS.)

Resource 3



Watch: **Our Digital Selves Official Teaser #4**

TOM BOELLSTORFF AND DONNA ZIMMERMAN DAVIS, DRAXTOR DESPRES, YOUTUBE.COM, 4/17/2018 (3 MINS.)



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Notes Tracker:

Resource #	What does this resource say about people's <i>curated</i> versus <i>real</i> selves?	What is your reaction to this? Does it match your experience? Do you see it as a benefit or a drawback?



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Part 2 Directions

Use an avatar-creator app like **Avachara** to create an avatar of yourself. In creating your avatar, make sure to include details (hair color, clothes, "items," etc.) that represent each of the following:

1. **Your *real* self:** parts of you that you feel are core to your identity, that make you who you are.
2. **Your *curated* self:** parts of you that you choose to show through your online presence (social media, etc.).

When you are finished, paste your avatar in the space below and complete the Avatar Reflection.

Avatar Reflection

How does your avatar represent your real and curated selves? In the space below, explain which details you included to represent each of these selves.

